

What to Wear/Bring

1. Your pre-work journaling and letter to each other from the pre-work
2. A journal or notebook
3. Your Bible or Bible app
4. Casual clothes (We will sit outside in cooler parts of the day so please dress for your comfort)
5. We have a nice home gym so if you enjoy exercising, bring exercise clothes and shoes
6. Beach wear/swimming suit (optional)